THE Quadrant

Travel Pack

A guide to walking, cycling and public transport in and around
The Q1 Development located in Wyberton, Boston

Produced by

ChestnutHomes

The Quadrant Travel Pack

Why a Travel Pack?

Well, moving into a new home presents the opportunity for you to think about new ways to travel which may help save you money and be less stressful. New ways of travelling can also be fun, quicker and of course healthier!

This Travel Pack is intended to help residents, staff, visitors and spectators at The Quadrant by providing information on the various sustainable travel options available.

Funding for this Travel Pack has been provided by Chestnut Homes, with the aim of getting you to consider more sustainable forms of travel, e.g. walking and cycling.

The Travel Pack provides information on local footpaths, cycle paths, bus routes and available car shares in the area.

What is our aim?

We wish to provide comprehensive, up to date information to enable you, staff and visitors to The Quadrant to make informed choices about the sustainable travel options available.

To increase the use of more sustainable modes of transport including walking, cycling and the use of public transport for trips to and from The Quadrant development.

To reduce the number of single occupancy car trips to and from The Quadrant development and encourage car sharing.

Health and Financial Benefits

Walking or cycling can often be the healthier option for those shorter journeys. It can even be quicker, more fun…and save you money!

Walking

Walking is simple, free and one of the easiest ways to get more active and become healthier

Walking Routes

You will see from the plan on page 7 that a number of walking routes are available to local shops, one primary school and to local community facilities. There is a helpful Boston Town Centre map as well on page 8.

On pages 9 and 10 you will find details of nearby local amenities, along with approximate walking and cycling times.

The importance of walking in relation to health is supported by many health professionals, who encourage 30 minutes of brisk walking daily.

Life Style

The easiest way to walk more is to make walking a habit. Think of ways to include walking into your daily routine, such as:

- Walk part of your journey to work
- Walk to the shops
- Use the stairs instead of the lift
- Leave the car behind for short journeys
- Walking to the bus stop – Closest stops located on London Road
- Walk the children to school
- Walking with friends and family

Make it Social

Health walks are organised by Boston Borough Council Monday to Friday at various locations. See the below link for further information: http://www.boston.gov.uk/index.aspx?articleid=4032

Health and Financial Benefits

Choosing to walk helps to:

- Ease congestion
- Reduce noise pollution
- Cut exhaust emissions
- Improve your health
- Save money
- Save time

Cycling

Cycling to work or simply to the shops is one of the most time-efficient ways to combine regular exercise with your everyday routine

Cycling Routes

The Quadrant development is only a 9 minute bike ride (1.8 miles) to Boston Market Place. Surrounding the Market Place are big named shops and cycle parking facilities are located throughout the town.

If you wish to cycle recreationally then The Quadrant development is ideally placed. There are multiple routes in the area where you can enjoy a scenic ride out to the countryside. Why not try the Water Railway Route running 33 miles between Boston and Lincoln. The route is formed using disused railway lines, for a long stretch running parallel to the River Witham.

For more routes and maps visit:
https://www.lincolnshire.gov.uk/countryside/visiting/visiting-the-countryside/cycling/120948.article

Cycling to local amenities such as the schools and shops is achievable and can be more time effective than using the car.

Why is it important to cycle?

Regular physical activity can help protect you from serious diseases such as obesity, heart disease, cancer, mental illness, diabetes and arthritis. Riding your bicycle regularly is one of the best ways to reduce your risk of health problems associated with an inactive lifestyle.

Cycling is a healthy, low-impact exercise that can be enjoyed by people of all ages. As well as being fun, it is also a cheap way to travel and good for the environment.

An estimated one billion people ride bicycles everyday – for transport, recreation and sport.

The National Cycle Challenge

The National Cycle Challenge is a fun, free competition to encourage workplaces and individuals to experience first-hand the delights and benefits of riding a bike. Anyone over the age of 13 can take part. Competitions run throughout the year with the chance to win prizes.

Public Transport

Train Services

Boston railway station is located on Station Approach, just outside the town centre, making it within easy walking distance of the shopping facilities and other attractions.

Trains operate from Nottingham (via Sleaford) to the west and the seaside resort of Skegness to the north-west.

Services are generally hourly in each direction Monday – Saturday and 2 hourly on Sunday.

Journey times by train from Boston station are approximately 35 minutes to Skegness and 25 minutes to Sleaford.

Connections to mainline services are available at Grantham Station approximately a 55 minute train journey, so travel to Peterborough, Lincoln and London are easily achievable.

The station has some handy facilities to make journeys more comfortable including a waiting room (open Monday to Saturday), as well as toilet and refreshment facilities. Car Parking is available along Station Approach and bike storage is available in the station.

For more information, please visit www.nationalrail.co.uk

Public Transport

Bus stops are located within a short walk of The Quadrant development, the closest located on London Road

Bus Timetable

The tables on page 6 provide information on the bus services running through Wyberton.

Please refer to the interactive bus map for the latest information:

http://www.lincsbus.info/map.html

http://www.brylaine.co.uk/

All information provided is correct at the time of printing.

The Kirton to Boston service runs hourly to Boston Market Place and terminates at the Bus Station. Alternatively the Boston to Spalding service terminates at the Pilgrim Hospital.

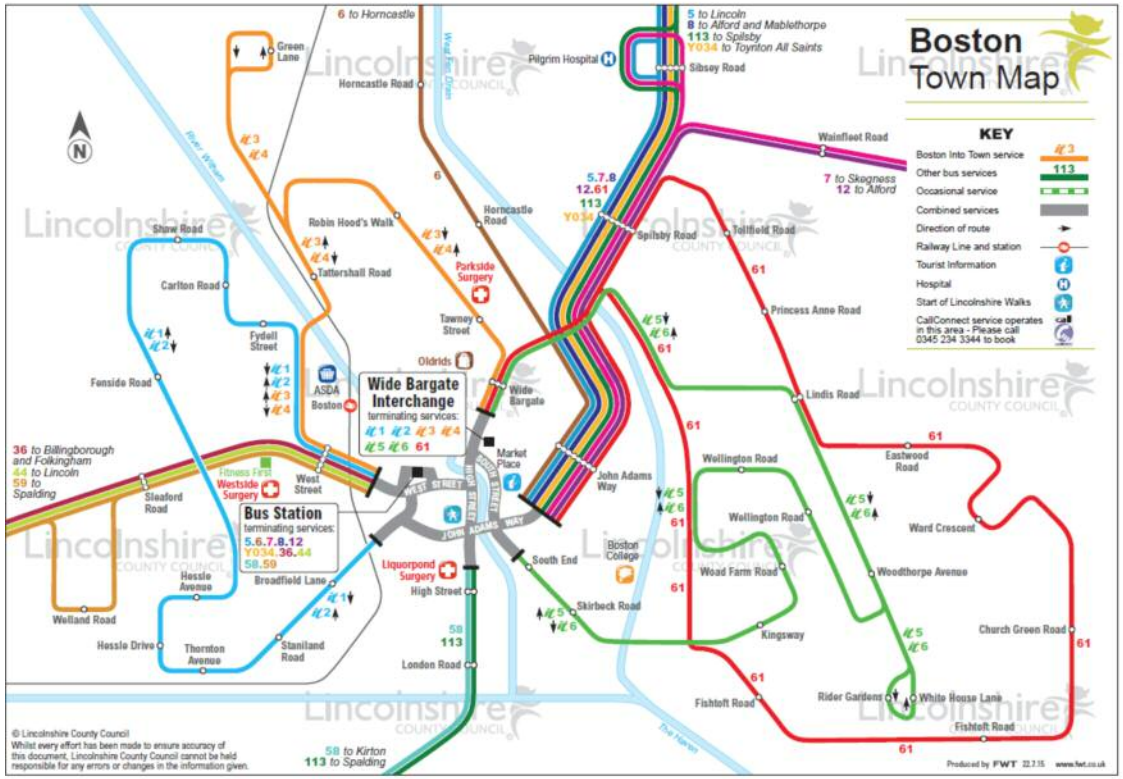
Why take the bus?

- It can be more economical than car based travel, especially if you buy a multi-purchase or season ticket pass
- Social benefits of travelling with others
- Environmentally a bus also has benefits, as one bus can do the job of 40 cars and significantly reduce carbon emissions
- The regular exercise of walking to and from the bus stop can fulfil the government's recommended 30 minutes of exercise per day, which could improve your health at the same time!

Did you know?

There is a Call Connect service which provides a bus service, the timetable is not fixed but responds to passenger requests, this means its routes are different each day depending on bookings made by passengers.

Further informstion can be found here: http://www.lincsinterconnect.com



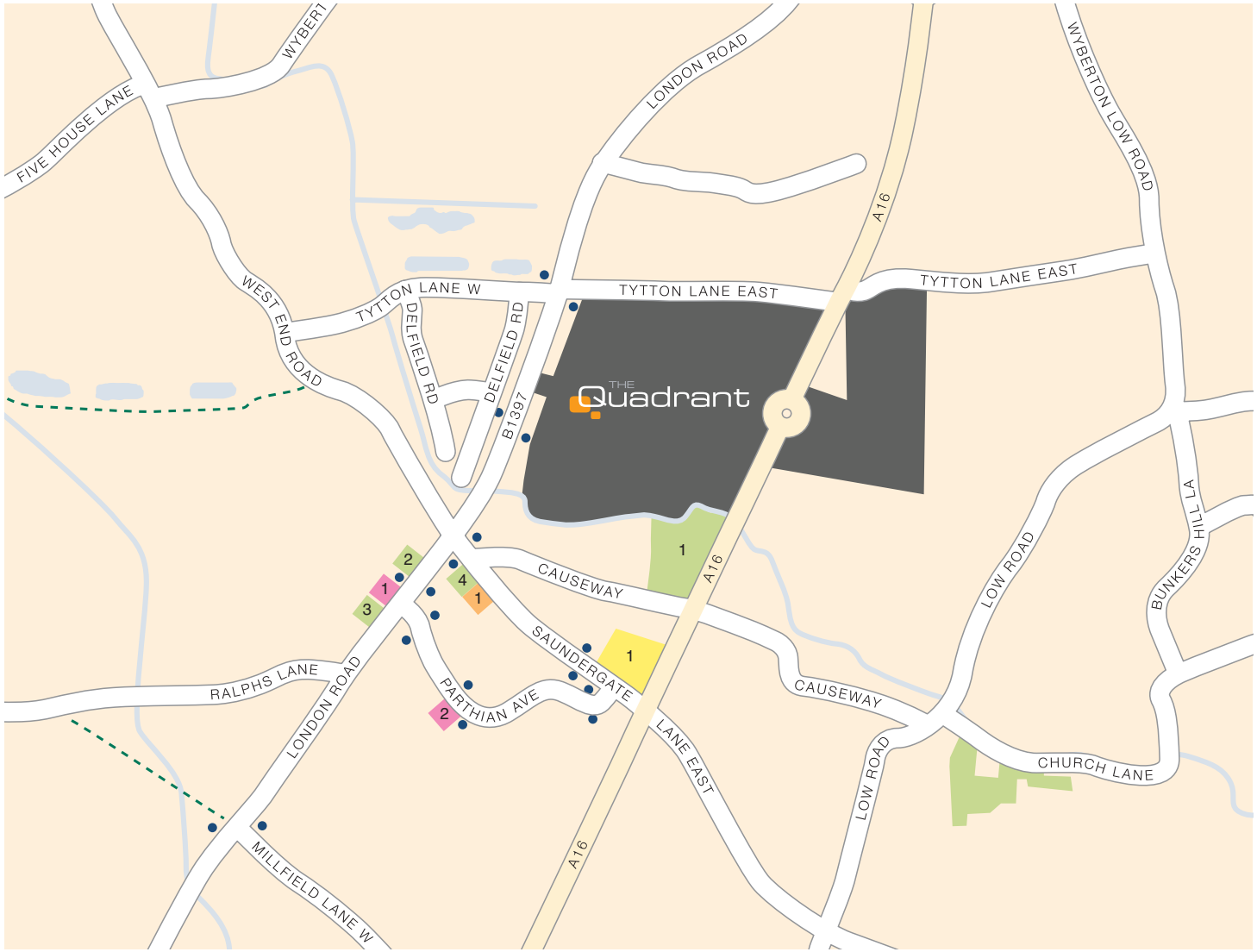
Public Transport

One bus can do the job of 40 cars and significantly reduce carbon emissions

Bus No.	Timetable
Brylaine B13 BRY	Boston to Spalding Monday to Saturdays runs between 06.51 and 19.42 from Wyberton Spalding to Boston Monday to Saturdays runs between 06.30 and 18.54 from Wyberton Closest stops Wyberton Pincushion (timings above) or London Road
Brylaine K58	Boston to Kirton Monday to Saturdays runs between 09.41 and 16.41 from Wyberton A school day service is available from the Pincushion at 08.31 Kirton to Boston Monday to Saturdays runs between 09.00 and 14.59 from Wyberton A school day service is available leaving Middlecott School at 15.20 and arriving at the Pincushion at 15.29. Closest stops Wyberton Pincushion, London Road or Wyberton Spar Shop (timings above)

Bus No.	School Timetable
Haines S116	Boston to Donington School day service only Leaving Wyberton at 07.52 and arriving at Cowley Secondary School at 08.30 Leaving Cowley Secondary School at 15.25 and arriving in Wyberton at 16.03 Closest stop Wyberton Pincushion
Brylaine C19	Kirton to Old Leake School day service only Leaving Wyberton at 08.00 and arriving at The Giles School at 08.37 Leaving The Giles School at 15.50 and arriving in Wyberton at 16.21 Closest stop Wyberton Pincushion
Brylaine G68	Kirton to Boston School day service only Leaving Wyberton at 08.06 and arriving at Boston High School for Girls at 08.33 Leaving Boston High School for Girls at 15.35 and arriving in Wyberton at 15.57 Closest stop Wyberton Pincushion

Map - Wyberton

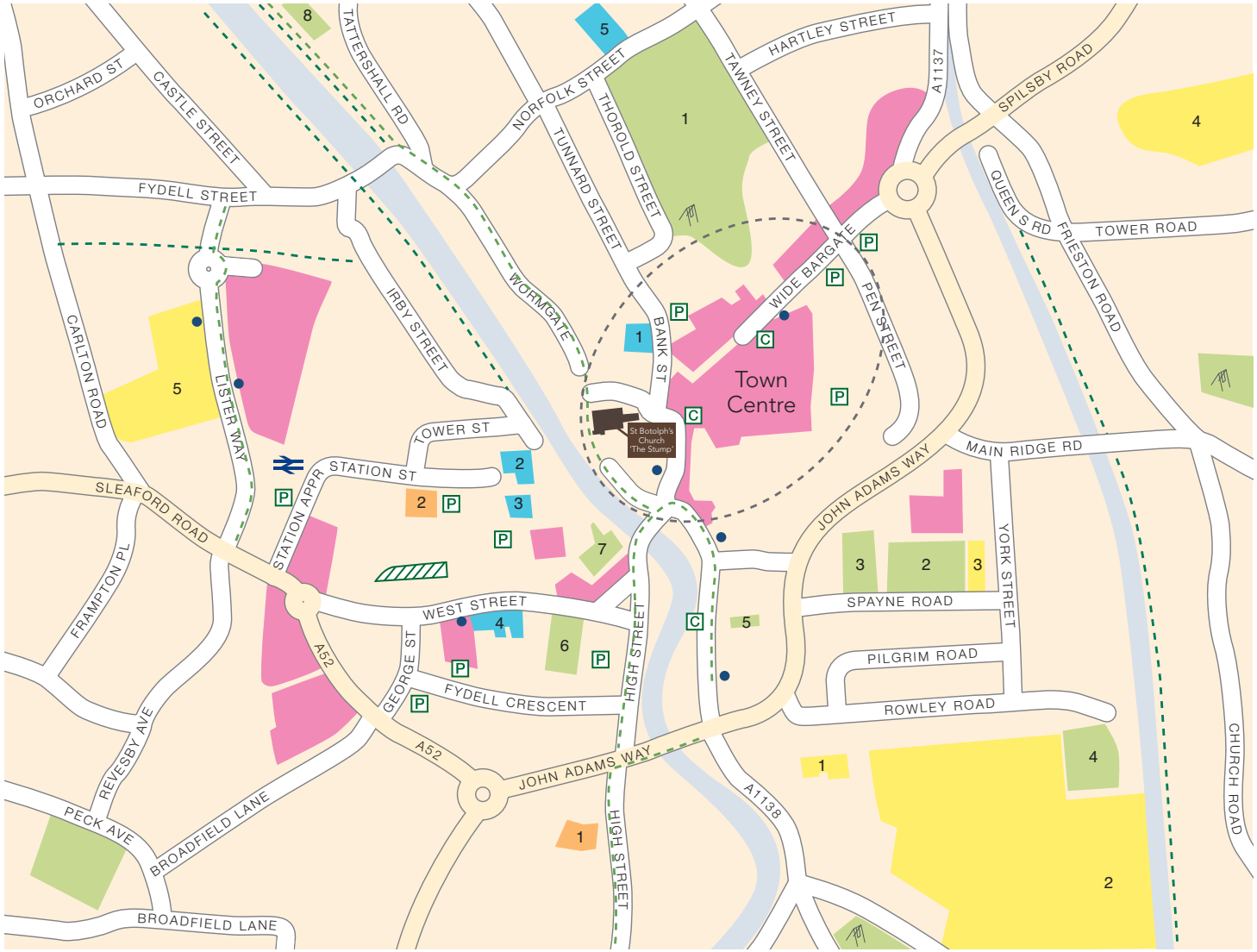


Key

- Education
- Shopping
- Health
- Leisure
- Public Footpath
- Bus Stop

1. Co-Op
2. Spar
1. Wyberton Sports and Social Club
2. The Pincushion Inn
3. Wyberton Village Hall
4. Hairdressers
1. Boston Dental Practice
1. Wyberton Primary School

Map - Boston Town Centre



Key

- Education
- Shopping
- Health
- Leisure
- Services
- Bus Station
- Bus Stop
- Car Parking
- Cycle Parking
- Public Footpath
- Cycle Track

1 Central Park
2 Boston United Football Club
3 Gliderdrome
4 Geoff Moulder Leisure Complex
5 Blackfriars Art Centre
6 Cinema
7 White Hart
8 Witham Way Country Park
1 Library
2 Police Station
3 Job Centre
4 Council Offices
5 Boston Court House
1 Boston Grammar School
2 Boston College
3 Boston United Sports College
4 Tower Road Primary School
5 Carlton Road Primary School & Nursery
1 Liquorpond Surgery
2 Boston Health Clinic

Your Local Shops and Amenities

Education

Wyberton Primary School
Saundergate Lane
Wyberton, PE21 7BZ
Tel: 01205 364797
enquiries@wyberton.lincs.sch.uk
Age 4-11
Distance: 0.5miles
Walking Time: 10 minutes
Cycling Time: 2 minutes

St George's Preparatory School & Little Dragons Preschool
126 London Road
Boston, PE21 7HB
Tel: 01205 317600
www.saintgeorgesprep.co.uk
Age 3-11
Distance: 0.6miles
Walking Time: 12 minutes
Cycling Time: 3 minutes

The Saint Thomas' Church of England School
Wyberton Low Road
Boston, PE21 7RZ
Tel: 01205 362860
enquiries@st-thomas.lincs.sch.uk
Age 4-11
Distance: 1.2miles
Walking Time: 25 minutes
Cycling Time: 6 minutes

The Boston Grammar School
South End
Boston, PE21 6JY
Tel: 01205 366444
enquiries@bostongrammarschool.co.uk
Age 11-18
Distance: 1.8miles
Walking Time: 35 minutes
Cycling Time: 10 minutes

Thomas Middlecott Academy
Edinburgh Drive
Kirton, PE29 1JS
Tel: 01205 722336
enquiries@thomasmiddlecott.co.uk
Age 11-16
Distance: 2.5miles
Walking Time: 64 minutes
Cycling Time: 12 minutes
Local bus service available

Haven High Academy
Marian Road
Boston, PE21 9HB
Tel: 01205 311979
haven@bwaf.net
Age 11-16
Distance: 2.5miles
Walking Time: 50 minutes
Cycling Time: 14 minutes

Boston High School
Spilsby Road
Boston, PE21 9PF
Tel: 01205 310505
enquiries@bostonhighschool.co.uk
Age 11-18
Distance: 2.9miles
Walking Time: 58 minutes
Cycling Time: 15 minutes
Local bus service available

The Thomas Cowley High School
School Lane
Donington, PE11 4TF
Tel: 01775 820254
enquiries@thomascowley.lincs.sch.uk
Distance: 8.4miles
Cycling Time: 42 minutes
Local bus service available

Boston College
Rochford Campus
Boston, PE21 6JF
Tel: 01205 365701
Info@boston.ac.uk
Age 16+
Distance: 2m
Walking Time: 40 minutes
Cycling Time: 11 minutes
Local bus service available

Did you know?

School Bus services are available to 6 secondary schools;

Middlecott Academy, Cowley High School, The Giles School, Boston High School for Girls, Spalding Academy and Spalding High School

Did you know?

A bus service is available to Boston College on the B13 service

Did you know?

Boston United has a Sports College. Find out more by visiting: http://www.bostonunitedcf.co.uk/boston-united-sports-college/

Your Local Shops and Amenities

Health Care, Services and Shopping

SPAR
65-67 Parthian Avenue
Wyberton PE21 7DQ
Tel: 01205 363758
Distance: 0.5m
Walking Time: 10 minutes
Cycling Time: 2 minutes

Lincolnshire Co-op Food Store
London Road
Boston
Distance: 0.3m
Walking Time: 6 minutes
Cycling Time: 1 minutes

Tesco
New Hammond Beck Road
Wyberton Fen, Boston PE21 7JD
Tel: 0345 677 9062
Distance: 1.7m
Walking Time: 35 minutes
Cycling Time: 9 minutes

Liquorpond Surgery
10 Liquorpond Street
Boston PE21 8UE
Tel: 01205 362763
Distance: 1.5m
Walking Time: 30 minutes
Cycling Time: 7 minutes

Kirton Medical Centre
Boston Road
Kirton PE20 1DS
Tel:01205 722437
Distance: 1.7m
Walking Time: 33 minutes
Cycling Time: 8 minutes

Boston Dental Centre
1b Saundergate Lane
Wyberton PE21 7BX
Tel: 0844 576 9399
Distance: 0.3m
Walking Time: 7 minutes
Cycling Time: 1 minutes

Kirton Fire Station
Station Road
Kirton PE20 1EF
Tel: 999 (emergency)
Distance: 2.3m
Walking Time: 44 minutes
Cycling Time: 11 minutes

Boston Police Station
Lincoln Lane
Boston PE21 8QS
Tel: 999 (emergency)
Tel: 101 (non-emergency)
Distance: 1.9m
Walking Time: 38 minutes
Cycling Time: 10 minutes

Boston Borough Council
Municipal Buildings
West Street
Boston PE21 8QR
Tel: 01205 314200
Distance: 1.7m
Walking Time: 35 minutes
Cycling Time: 9 minutes

The Pincushion Inn
289 London Road
Boston
Tel: 01205 838499
Distance: 0.3m
Walking Time: 6 minutes
Cycling Time: 1 minutes

Wyberton Sports and Social Club
Causeway
Wyberton PE21 7BS
Tel: 01205 838499
Distance: 0.6m
Walking Time: 11 minutes
Cycling Time: 3 minutes

Reflections - Hairdressers
Saundergate
PE21 7BX
Tel: 01205 367711
Distance: 0.3m
Walking Time: 6 minutes
Cycling Time: 1 minutes

Did you know?

Wyberton has a mobile library service. Find out more here;

https://www.lincolnshire.gov.uk/mobile-library-service/36808.article

Why not try food shopping online and receive a home delivery service?

Car Sharing

If you are travelling further distances and need to use a car, you could consider sharing your journey to save money

Car sharing is when there is more than one occupant in a private car. We all share cars regularly, with our friends and family, without thinking about it. But there are often times when a driver has empty seats in the car simply because they don't know who needs a lift.

When can I share a car?

Car-sharing is appropriate for regular journeys and one-off journeys anywhere in the country, such as:

- Getting to and from work
- Getting to and from university
- Travelling to a festival, big event or show
- Going to a sports event
- Doing the weekly shop
- Or simply visiting friends

Get Involved!

Your local initiative is called 'Lift share'

'Lift share' provides a connecting service to anyone over the age of 18, commuters, students, football supporters, festival goers, tourists, employees – anyone!

Joining the scheme is simple and **FREE**. All you have to do is register your details and then activate your account.

Get involved, register your details and find more information at: https://lincs.liftshare.com/

The Benefits

- Reduces the costs of travelling
- Undercuts the cost of nearly all forms of motorised transport
- Cuts congestion and pollution
- Reduces parking problems
- Is a great way of networking and making new friends

If half of UK motorists received a lift one day a week, congestion and pollution would be reduced by 10% and traffic jams by 20%.

About the Local Area

Set in the heart of the Lincolnshire fenland and on the edge of the Wash, Wyberton sits south-west of the classic market town of Boston

Boston was once one of the countries major centres of trade, being second only to London. The town grew from the riches of wool and cloth it traded, and so was born the May Fair where opportunities for trade flourished. The Fair began in 1125 and still takes place every May, however now there is more candy cotton sold than sheeps' wool!

Boston's markets are in full action every Wednesday and Saturday where you can pick up a range of local produce.

The town is home to Boston United Football Club, also known as The Pilgrims. Their new home is being built as part of The Quadrant development. Why not get involved in supporting your local club at match days? The club also has an extensive community programme which includes a wide range of healthy activities, way beyond its football roots.

Just a short bus journey or 9 minute bike ride will take you to Boston's Market Place and Pescod Square where a variety of shopping facilities are located.

For more information on attractions and upcoming events in Boston please visit:
http://www.visitbostonuk.com/

Boston Guildhall Museum
South Street
Boston PE21 6HT
Tel: 01205 365954
www.bostonguildhall.co.uk

Built in the 1390's this building has survived the centuries and is to be enjoyed as one of Boston's finest visitor attractions.

Admission to the museum is FREE and is open Wednesday to Saturday from 10:30 am to 3:30 pm

West End Cinema
West Street
Boston PE21 8SP
Tel: 01205 363634
www.westendcinema.co.uk

The West End Cinema on West Street in Boston provides the local community with the latest offerings for the big screen, and is also available for hire as a private cinema or conference facility.

Geoff Moulder Leisure Complex
Rowley Road
Boston PE21 6JE
Tel: 01205 363483
www.bostonleisurecentre.co.uk

The complex offers several areas with many activities for all.

The large leisure pool includes a baby pool and slide, and is complimented by a training pool, gym, studios, sauna, steam room, spa pool and relaxation area.

Westwood Lakes
Five House Lane
Boston PE21 7JA
Tel: 01205 724162
www.westoodlakes.co.uk

Westwood Lakes sits in a beautiful and peaceful part of Lincolnshire, on the outskirts of the historical market town of Boston close to Wyberton.

The site has developed into a successful holiday location with 7 fishing lakes, 24 luxury holiday lodges, a restaurant and one of Lincolnshire's biggest Tackle and Bait shops.

Maud Foster Mill
Willoughby Road
Boston PE21 9EG
Tel: 01205 352188
www.maudfoster.co.uk

Built in 1819 for the brothers Thomas and Isaac Reckitt by the Hull millwrights Norman and Smithson, for the sum of £1,826 – 10s – 6d.

Entry to the shop is free and admission to the windmill:-
Adults £4, Senior Citizens £3, Children £2, Family Ticket £10 (2 adults and 2 children)

Blackfriars Arts Centre
Spain Lane Boston
PE21 6HP
Tel: 01205 363108
www.blackfriarsartscentre.co.uk

Centre for entertainment and the arts. It is home to two very successful local amateur dramatic and operatic groups, as well as hosting a varied program of professional stage productions.

Keep Us Up To Date

Lambert Smith Hampton will be monitoring the results of how you travel.

Your Travel Coordinator is:

Lambert Smith Hampton
1 Oakwood Road
Doddington Road
Lincoln
LN6 3LH

Vicky Giles
Tel: 01522 814673

Email: blockman@lsh.co.uk

Please keep Lambert Smith Hampton up to date with your email address to ensure you receive your regular updates!

Get Involved

Funding for this entire Travel Plan will be provided by Chestnut Homes Ltd in accordance with the development's planning permission

Monitoring

The Travel Plan Coordinator is responsible for monitoring on-going compliance with the Travel Plan provisions, which involves assessing whether the Travel Plan is achieving its main aims.

This involves: -

- Providing residents and employees with a travel pack regarding the range of sustainable transport alternatives to enable them to make informed choices.
- Encouraging less reliance on car based travel.
- Promoting the use of public transport, walking and cycling.

How is monitoring undertaken?

Traffic surveys are required to monitor the Travel Plan, this comprises of:-

1. Multi-modal surveys of movements (pedestrian/cycle/car) into and out of The Quadrant Development – this will be co-ordinated by the Travel Plan Coordinator.
2. Householder and employee questionnaire – each household or employee will be required to complete a questionnaire regarding infrastructure and services for sustainable travel within the local area.
3. Boston United supporter's questionnaire.

A bi-annual travel survey will commence the year of the first occupation and run until the development is fully completed. Each survey will be followed up with a report prepared by the Travel Plan Manager, the report will summarise the travel survey results and assess the performance against previous years (noting any trends).

What must you do?

On-going liaison between the Travel Plan Coordinator and you will be required, particularly in relation to the monitoring e.g. questionnaire responses will assist the Travel Plan Coordinator in monitoring the effect of the Travel Pack.

THE Quadrant

ChestnutHomes

chestnuthomes.co.uk